



NADCAA

Newton Abbot & District Co-Operative Allotment Association

NADCAA News Summer 2026



2026 AGM – 2nd July 7pm

Our annual AGM will once again be held at the **Courtenay Centre, Kingsteignton Road, Newton Abbot**. Following the business meeting there will be a talk on Butterflies by Nathan Prescott from the Butterfly Conservation Trust. After this there will be a finger buffet. Please support your Association and attend if you can. Look out for the Agenda which will be emailed or posted to members shortly.

Help to run your Association

We are very fortunate to have a strong committee working behind the scenes to ensure ongoing allotment provision in Newton Abbot at reasonable cost. We do however need a volunteer to assist with regard to Communications and Events. If you would like to find out and get more involved with your Allotment Association, please contact the Secretary at the email below.



Decoy Bacon Butty Morning

The next Bacon Butty Morning is on the 6th June between 10am and noon at Decoy.

£3 for a hot or cold drink and a bacon butty.

The shop will be open and there will be great offers on plants on the day.



**Veg Plants : Spend £10 or more
and get 50% off**

Flowers: Spend £15 or more and get 25% off

Be Safe on your plot

A member has asked us to share an incident that occurred on his plot involving his rotovator. The machine ran into his leg. Fortunately, no serious injury was caused but it could have been a lot worse.

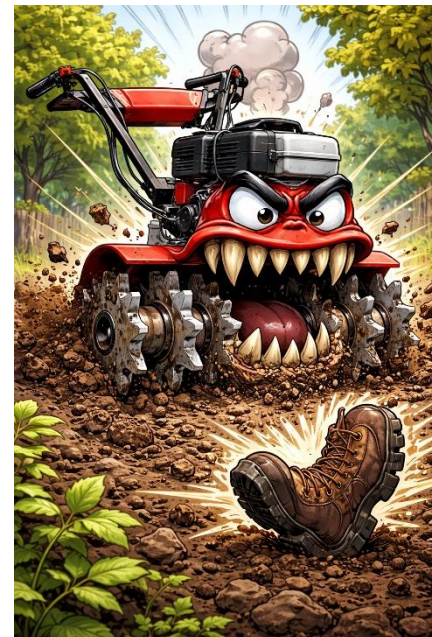
Accidents can happen and Simon our Health and Safety Volunteer has drafted the following safety tips for us all.

**NADCAA Ltd c/o Newton Abbot Town Council, 43 Wolborough Street,
Newton Abbot, Devon TQ12 1JQ**

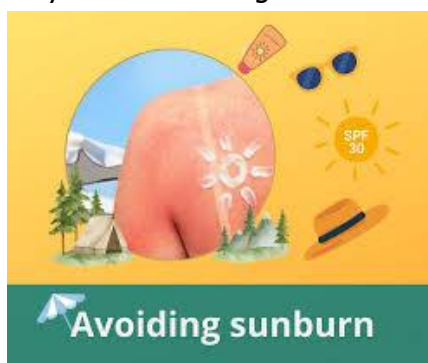
Email: info@nadcaa.org.uk

Web: <https://nadcaa.org.uk>

1. **Lone working:** If working alone, inform someone of your whereabouts. Always take your mobile phone with you (and have it on you at all times) always have a first aid kit readily accessible.
2. **First Aid:** Some people are allergic to ordinary plasters, be very careful if offering plasters to other members.
3. **Clothing:** Wear suitable clothing with consideration of the weather – keep warm but also stay cool, as required. Wear sturdy footwear and protective glasses / helmets when strimming, mowing or using chainsaws or pruners. Wear a hat for UV protection and sunglasses to protect the eyes.
4. **Machinery:** Never work on a machine that is running always switch it off. Never stand in front of a rotovator that is running. The most common gardening accident is loss / damage to toes due to inappropriate footwear. Always wear steel capped boots when using such equipment.



5. **Hand Hygiene:** Wash hands thoroughly with anti-bacterial soap or gel after handling soil, manure, or compost to avoid infection.
6. **Skin Protection:** Wear sturdy gardening gloves to avoid cuts, blisters, and contact with plants that may irritate. Use high-factor sunscreen to avoid sunburn. Consider using insect repellent.



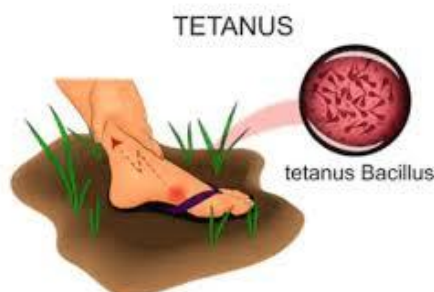
7. **Cover Cuts:** Cover any cuts or scratches with waterproof plasters before working.

8. **Clear Paths:** Keep communal paths and your own walkways free from debris, overgrown weeds and grass, and try to remove any trip hazards. Never leave a rake lying down, always stand it up.

9. **Tool Safety:** Store sharp tools properly – avoid using rusty tools. Don't leave tools lying around on the ground.



10. **Structure Maintenance:** Regularly check greenhouses and sheds for structural stability and check for and remove broken glass.
11. **Chemical Storage:** Keep fertilisers etc. in clearly labelled, secure, and locked containers.
12. **Compost Handling:** Avoid breathing in dust when opening compost bags, and damp down dry compost heaps to avoid inhalation of spores.
13. **Take Breaks:** Consider your own fitness levels and take regular breaks to avoid strain. Avoid overexertion, particularly on hot days or when handling heavy machinery. Take adequate drinks, snacks and food.



14. **Children and Dogs:** Supervise children closely at all times due to risks from tools, ponds, and chemical storage. Keep dogs on a lead and pick up faeces.

15. **Tetanus Protection:** Consider if your tetanus vaccination is up to date, as soil, manure, etc. There is a possibility of bacterial contamination, and the presence of rusty metal on allotments may pose additional risks.